Boson from a from the total from the to

sorts of germs which are brought in contact with it. It is this fact alone which renders the earth inhabitable. Germs develop with such marvelous rapidity that they would quickly over- arms are almost or entirely bare, even whelm us by their very numbers if in weather when Americans apprenot constantly destroyed by the sun. | ciate their overcoats. This practice A little computation will readily show | necessarily chills the blood, and tends this. Some germs are capable of such | to produce congestion of the internal rapid multiplication that they may double every fifteen minutes under favorable conditions of temperature tuberculosis. and food supply. Estimate the number of germs which might be produced in a single day of twenty-four hours, or ninety-six doublings. The number would be more than thirtytwo thousand billion billions, or sufficient to cover eighty thousand square miles a foot deep, or fill a space of more than fifteen cubic miles. The increase of a minute organism occupying a cubic space of not more than one twenty-thousandth of an inch to such prodigious magnitude is beyond comprehension, and practically cannot occur; for while the germ may grow at this immense rapidity for a short time, the poisons which it produces become destructive growth ceases. Doubtless all have noticed the fact

that mold grows during the night and in dark, damp cellars. Bright sunlight quickly destroys germs, mold, and other parasitic organisms. Diffused daylight does not act nearly so rapidly, but accomplishes in the course of a few hours what bright sunlight is capable of doing in a few minutes. It is clearly evident, then, that in order that our houses should be kept free from germs, they, like our bodies, should be made full of life. The shutters should be opened, the curtains raised, and the light admit- al wrecks." ted to every room in the house, closets included, so that the disinfecting power of light may be exercised in of the present generation. Their vig- tery at Lincoln in conformity with the every nook and corner of the dwell- orous health has bestowed upon the

Occupation and Tuberculosis.

The influence of occupation as a cause of consumption is shown by Dr. J. M. French in the Medical Exam-

At least four classes of employments ments have a tendency to favor the development of tuberculosis. They are:

1. Sedentary employments in illventilated apartments, involving confinement in impure air, and other unwholesome conditions. This class of occupations is typified by the socalled swet-shops for the manufacture

of various articles of clothing. the inhalation of irritating dust and stone-cutters, bleachers, matchmak bake. ers, file-cutters, grinders, engravers,

etc. 3. Employments which involve the overuse or abuse of certain muscles. These are athletes, prize fighters, gymnasts, wrestlers, professional bicycle riders, ball players, etc., a large proportion of whom die eventually of

4. Employments which involve undue familiarity with intoxicants. These are those connected with manufacture and sale of wine, beer and the various classes of alcoholics. Tetham's tables show that, taking the average mortality from consumption one cupful or less of boiling water to issue policies on grain and hay in the at one hundred, that of publicans is one hundred and forty, of brewers one hundred and forty-eight and of bartenders two hundred and fifty-seven.

Overcoming Hereditary Tuberculosis.

Much is being said nowadays respecting the out-of-door treatment of tuberculosis, a disease which, while rarely directly transmissible by heredity, is one the predisposition to which is in the highest degree hereditary. It has been clearly shown by numerous experiments in various parts of the United States that out-of-door life with regular hygienic habits, irrespective of altitude or special climatic advantages, is capable of so aiding the natural powers of the body as to effect a cure of this formidable malady without the use of drugs of any

Tuberculosis is a disease of civilization. It scarcely exists among savages who live in the primitive state, but quickly appears among such people when the habits of civilization are adopted, especially the indoor life. The South American monkey and the North American Indian alike fall victims to this disease when shut away from the sunlight and active exercise

out of doors. The time is not far distant when every large city will find it necessary to provide conveniences for the ap-

Nature's great disinfectant is sun- a crowd of coarse, half-drunken men, light. It is a most interesting fact and with them partake freely of inthat this wonderful light, which pro- toxicating liquor. Unfortunately, this motes the growth of useful plants and | painful sight is not at all rare, and it sustains animal life, at the same time | is quite common to see drunken womdestroys by its very brightness all | en reeling about in the streets. What a sad commentary on our modern civ-

> In Copenhagen it is the custom to dress young schoolgirls so that their organs, and undoubtedly lays the foundation for colds, pneumonia and

> Tuberculosis is making sad havoc among the urban population of Norway. It is pitiful to note how this plague is decimating this once hardy race. Sedentary life, indoor confinefor fifty per cent of the tubercular cases make a satisfactory recovery when they are sent to some outdoor sanitarium; and what will cure a consumptive would certainly have prevented the onset of the disease.

The liquor curse is undermining the physical stamina of the Swedish race. Liquor drinking among the working classes is almost universal. Onethird of their population die before to itself. The material upon which it | the age of twenty-one, and one-fourth feeds is also exhausted, so that its of those who live, are rejected from military service on account of physical disqualifications.

An American Puzzle.

Dr. Lorenz, of bloodless surgery fame, cannot understand how Americans enjoy fair health on a diet that

"The pies, puddings, sauces and in-numerable other dishes, most of which are unhealthful in the extreme, partaken of by young and old alike in America, have caused me to wonder," says Dr. Lorenz, "that the people are not physical and constitution-

The secret is to be found in the simple, hardy lives of the forefathers orous health has bestowed upon the grandchildren wonderful constitution al vigor. But the change from the simple to the luxurious is working simple to the luxurious is working havoc. The rising generation have squandered the constitutional capital bequeathed to them and are rapidly becoming physical bankrupts. A halt must be called and the simple habits resumed or the prophecy of Dr. Lorenz will surely be realized.

## BREAKFAST BREADS.

Corn Puffs.-Beat together two and one-half cupfuls of unskimmed milk and the yolks of two eggs, until thoroughly blended. Add two cupfuls of House roll No. 265. by Hill of Hitchcock, to grant over all Linds belonging to the 2. Employments which necessitates | batter thoroughly; stir in lightly the whites of the eggs, beaten to a stiff froth; turn into heated irons, and froth; turn into heated irons, and House roll No. 267, by Hill of Hitchcock, noxious vapors. Such are those of froth; turn into heated irons, and

until smooth, and drop on a griddle, in cakes about one inch in thickness, and bake slowly for an hour. Turn folio

and bake in heated irons.

Sally Lunn Gems.—Beat together the yolk of one egg, two tablespoonfuls of sugar, and one cupful of thin, ice-cold, sweet cream. Add slowly, beating at the same time, one cup and two tablespoonfuls of sifted Graham two tablespoonfuls of sifted Graham.

40,000 inhabitants from \$500 a year to \$650 a year.

House roll No. 49, by Ernst of John-field, to provide that in counties having not more than 2,500 inhabitants, according to the state peniate that in counties having not more than 2,500 inhabitants from \$500 a year.

House roll No. 497, by Doran of Gar-field, to provide that in counties having not more than 2,500 inhabitants from \$500 a year.

House roll No. 497, by Doran of Gar-field, to provide that in counties having not more than 2,500 inhabitants according to the plant at the state peniate that the plant and machinery and \$150,000 for an operating fund. The plant is operated two tablespoonfuls of sifted Graham.

of thin cream stir one and one-half cups of granular corn meal, or enough to make a stiff batter; add one-third of a temperor ful of salt; heat wall to make a stiff batter; add one-third of a teaspoonful of salt; beat well, drop into heated irons, and bake.

ner as the legislature may direct.

No. 333, by Perry of Furnas, to authorize the 335, by Perry of Furnas, to provide that when creditors of persons dying intestate fail for two years to applying intestate tax accounts of such counties, applying the amounts to the acdrop into heated irons, and bake.

Cream Graham Rolls .- To one-half cup of cold cream add one-half cup of soft ice water. Make into a dough with three cups of Graham flour, sprinkling in slowly with the hands, beating at the same time, so as to incorporate as much air as possible until the dough is too stiff to be stirred; then knead thoroughly, form into rolls and bake.

Hoecake.-Scald one pint of white corn meal, with which, if desired, a tablespoonful of sugar and one-half teaspoonful of salt have been mixed. with boiling milk, or water enough to make a batter sufficiently thick not to spread. Drop on a hot griddle, in plication of this simple curative measure, not only for the purpose of rescuing the victims of pulmonary tuberculosis from the certain fate which awalts them, but as an essential measure for protecting the public health.

Spread. Drop on a not griddle, in large or small cakes as preferred about one-half inch in thickness. Cook slowly, and when well browned on the underside, turn over. The cake may be cooked slowly until well done throughout, or, as the portion underneath becomes well browned, the first brown crust may be peeled to plication of this simple curative measure for the state auditor and treasurers of the district county the district county shall be supplied by the district county commissioners or supercoords up to that time having been cake may be cooked slowly until well done throughout, or, as the portion underneath becomes well browned, the first brown crust may be peeled to plication of this simple curative measure for the state auditor and treasurers of the district county commissioners or supercoords up to that time having been county destroyed by fire.

House roll No. 121, by McClay of Landout the district county commissioners or supercoords up to that time having been county of the district county county sistent and treasurers of the district county county sistent and treasurers of the district county county sistent and treasurers of the district county county visors with a deputy or first assistant for the use of such office, whose salary shall be totally destroyed by fire.

House roll No. 121, by McClay of Landout the district county county sistent and treasurers of the district county county the district county county sistent and treasurers of the district county county sistent Health Observations Abroad.

One of the most pitiful sights in England is to see young women acting as barmaids in the public drinking places, and to see women elbowing their way to the bar and there, shoulder to shoulder with stand there, shoulder to shoulder with the milk or cream.

County officers for cause.

County officers for cause.

House roll No. 121, by McClay of Language and paid monthly by the county board out of the general fund of the general fund of the county board out of the general fund of the ge

## NEW LAWS OF NEBRASKA

## Complete List of Bills Passed by the Recent Session of the Legislature.

(Continued From Last Week.) House roll No. 175, by Howe of Ne-maha, to make it obligatory upon county boards, instead of optional to furnish aid

to county agricultural societies. Approved April 1

House roll No. 223, by Perry of Furnas, to provide for the conveyance of the interest of an insane husband or wife in the lands of his or her spouse, by means of a guardian, to be appointed by the district court upon application and proper showing. Approved April 1.

House roll No. 314, by the finance, ways and means committee, to allow the state printing board, in emergency, to purchase supplies to cost not exceeding \$100, on the requisition of the officer requiring them, of the best and lowest bidder, in addition to the supplies procured under the annual contract. Emergency clause. Approved April 1.

House roll No. 359, by Barto of Valley, ment and defective ventilation are pelled to pay for a newspaper, magazine undoubtedly the most prolific causes, or other publication mailed him if he has not subscribed, or after his subscription has expired, notwithstanding he may have received the same. Approved April I. House roll No. 364, by Voter of Cedar, authorizing county courts to empower executors, administrators and guardians to mortgage real estate when there is no money to redeem existing mortgages due or about to become due. Approved

> House roll No. 277, by the insurance committee, providing for the admission of foreign insurance associations or companies to transact the business of accident or sickness or accident and sick-ness insurance and to pay not to exceed \$200 funeral benefits in case of death from natural causes.

House roll No. 345, by Lee of Douglas, to make the county treasurer of Douglas county ex-officio city treasurer of Omaha and also ex-officio city treasurer of the Omaha school district. It requires him to give bond to the city and school district in amounts to be fixed by the city council and the school board. He is to received such additional salary as the mayor and city council shall authorize. The city shall pay, in addition, for the necessary additional clerks. He shall hold office for four years from January, 1906,

same shall be required to pay a fee of 50 cents on \$50 or less and 50 cents for each additional \$50, but that no charge shall be made for registering warrants purchased for the permanent school fund. This is to induce holders of state warrants to sell the same to the permanent school fund instead of holding them as an investment

caster, to amend the law providing for the election of trustees of Wyuka ceme-

House roll No. 422, by McClay of Lan-

doing business in the city. to authorize county treasurers to take out letters of administration upon estate of a deceased personal tax debtor

for the collection of such taxes.

House roll No. 256, by Casebeer of Gage, to establish, at the Home for the Friendless at Lincoln, a hospital for crip-pled, ruptured and deformed children and those suffering from diseases from which they are likely to become deformed. The hospital is to be governed and man-aged by the board of regents of the state university. Applications for admission are to be passed on first by the county physician in the county whence they originate, and then by the board. An appropriation of \$10,000 is made to carry the act into effect.

best granulated corn meal. Beat the state the right of way for diches, tunnecessary to construct and operate any

provides that these fees must be paid into the state treasury by parties desir-Corn Dodgers.—Scald one cupful of best granulated corn meal, into which a tablespoon of sugar has been sifted, with one cup of boiling milk. Beat until smooth, and drop on a griddle, in cakes about one inch in thickness,

to increase the salary of county com-missioners in counties of from 20,000 to 40,000 inhabitants from \$500 a year to United States.

flour. Beat vigorously, until full of air bubbles, add the white of the egg beaten stiffly, and bake in heated beaten stiffly, and bake in heated like and buildings. The labor of a stinose elected. House roll No. 229, by McMullen of applied to operate the plant. To defray the expenses incurred the state shall be entitled to the following the state shall be entitled to Cream Corn Cakes.—Into one cup of this cream stir one and one-half ups of granular corn meal, or enough

heir or interested person.

House roll No. 327, by Richardson of Madison, to provide for the compensation of clerks of the district court, in addition

House roll No. 304, by Bartoo of Valley, to empower Ruth Oberg to maintain an action in the district court of Douglas county against school district No. 23 for personal injuries claimed to have been sustained through the default and negligence of the officers, agents and servants of that district.

House roll No. 343, by Anderson of Hamilton, to strike from the book and records of the state auditor and treasurer all charges against Hamilton county

House roll No. 269, by McAllister of Deuel, to provide that any water user's association which is organized in conformity with the requirements of the laws of the United States and which under its articles of incorporation is au-thorized to furnish water only to its stockholders shall be exempt from the payment of any incorporation tax, and from the payment of the annual franchise tax, but shall be required to pay as preliminary to the incorporation, only a fee of \$20 for the filing and recording of its articles of incorporation and the issuance the certificate of incorporation. House roll No. 352, by Scilley of Dodge. to amend the compulsory education law

stead of during the first twelve weeks House roll No. 186, by Meradith of York, to permit the owners of land to drain same by the construction of tiled ditches, as well as open ditches leading into nat-

ural water courses.

House roll No. 72, by Casebeer of Gage,
makes it unlawful to manufacture, sell, give away or willingly allow to be taken away cigarettes or the material for their manufacture. Violation of the act is made a misdemeanor, punishable on convic-tion by a fine of not less than \$50 or more than \$100. Officers, directors and managers of firms and corporations vio-lating the law are made liable.

House roll No. 51, by Warner of Lan-caster, amendatory to the new revenue law. Makes the following changes: In counties of over 30,000 population the county assessor shall make up the assessment books; the deputy assessor shall forward from time to time schedules of personal property assessments, from which the county assessor shall make up the books of assessment in his office; the county assessor shall revise real es-tate assessments annually for the correction of errors; the state board of equalization and assessment shall have power to increase or decrease the assessed valuation of any class of property in any county by per cent; the county board shall not make the levy until the state board of equalization and assessment has completed the work of equalization. Emergency clause,

House roll No. 201, by Dodge of Douglas, disclaiming and relinquishing all claims of ownership or title on the part of the state of Nebraska to any and all lands now being within the boundaries of the state of Iowa, which shall here-after be or become within the boundaries of the state of Nebraska by virtue of the action of any commissioners appointed by the said states and the ratification thereof by said states and the sanction thereof by the congress of the United States or otherwise; provided, however, that said land has been for ten years or ownership of the title thereto, and those in possession or occupation have for said period of ten years or longer paid taxes claimed by state or county autnorities or officers to have been levied upon said land.

House roll No. 386, by Andersen of Douglas, making it unlawful for any person to give or receive, offer to give or agree to receive any sum of money or any other bribe present or reward, or any promise, contract, obligation or security for the payment of any money, present or reward or any other thing for the purpose of securing signatures or signing petitions designating materials to be used in the paving, repaying, macadamizing curbing or guttering of streets or roads and to provide a punishment for the violation of this act of not exceeding \$500 fine and three months' imprisonment.

Emergency clause House roll No. 312, by Cropsey of Jefferson, to provide that no school district meeting shall be held illegal for want of the requisite fifteen days' notice. House roll No. 122, by McClay of Lan-

caster, to provide for space in Wyuka cemetery for burial of decreased inmates

100,000, \$2,500; 100,000 and upwards, \$3,000.
Emergency clause.

House roll No. 266, by Hill of Hitchcook, to make it unlawful for county boards or other officers authorized to grant licenses to make it unlawful for county boards or other officers authorized to grant licenses.

area to be irrigated from irrigation works constructed or to be constructed by the

cause such estate to be administrated upon their rights so to do and their claims against the state shall be barred and order of descent may be made by the county judge on application of any the county for any year later counts of such county for any year later to the county for any year later counts of such counts of such counties for any year prior to the counts of such counties for any year or years for which the county payments shall not be applied upon the accounts of such counties for any year or years for which the county payments shall not be applied upon the accounts of such counties for any year or years for which the county payments shall not be applied upon the accounts of such counties for any year or years for which the county payments shall not be applied upon the account of such county payments. than one year prior to the current year's

House roll No. 348, by Lee of Douglas, creating and making the county assessor of Douglas county the tax commissioner of clerks of the district court, in addition to their fees, as follows: In counties of from 8,000 to 12,000, \$200; from 12,000 to 20,000, \$400; from 20,000 to 40,000, \$600; 40,000 and over, \$1,000, to be paid quarterly out of the general fund of the county and be authors to the same limitation as other

by the mayor and city council. To take effect July 1, 1905. House roll No. 357, by Post of Knox, pro-vides for the committment by an exam-

| perfect their title according to the terms | of appointment to office, ornamental picand provisions of the laws of the state ture, articles of fewelry or stationery which were in force and effect prior to for use in correspondence on any of which which were in force and effect prior that time, under and by virtue of the law then laws of the state under which laws the laws of the laws of the state under which laws the laws of t House roll No. 215, by Dodge of Douglas, provides for the proportionate distribu-

tion of all funds heretofore paid into the treasury of any county for the main-tenance of free High schools for nonresident pupils among the schools which maintained such High schools, Emergency chause. House roll No. 421, by Marks of Fill-

more, to transfer from the board and clothing fund of the Girls' Industrial school at Geneva the sum of \$800 into a fund for furniture and repairs. Emergency clause. House roll No. 413, by Anderson of Hamilton, appropriates the sum of \$3,000 for the purchase of a library for the use of officers and crew of the battleship

o as to provide that the required twelve Nebraska. weeks of attendance on school may be made at any time during the term in-House roll No. 146, by Hand of Cass, requiring the registration of motor ve-nicles and regulating their use or operation upon the highways or streets. Requires each owner of a motor vehicle to file his name, address and brief de-scription of vehicle with the secreary of state, for which he shall pay a regis-tration fee of \$1, and receive an aluminum medal, with number, which must be kept conspicuously displayed on the vehicle. The same number must also be shown in figures three inches high. The speed limit is fixed at ten miles an hour in the populous portions of cties, towns and vil-lages; fifteen miles an hour in the less populous portions and twenty miles in the country. Drivers of such vehicles are required to stop, at the side of the road, on signal from driver of restive horse, and to use reasonable care in passing. Motor vehicles must have good brakes and bell or horn and show lamps at night. Cities and towns are forbidden to exclude by ordinance vehicles whose owners have registered with the secretary of state, and received the aluminum medal provided for. Violations of the act are punishable by a fine of \$25 for the first offense and from \$25 to \$50 or thirty days

in jail for subsequent offenses.

House roll No. 341, by McClay of Lancaster, to prevent and punish the desecration, mutilation or improper use of the flag of the United States for advertising

House roll No. 221, by Muxen of Douglas, requires laying in hospitals to obtain permit to do business from health tain permit to do business from health officer of the city where located, to be conditioned on good moral character and fit sanitary condition of premises, which permit may be revoked for cause at any time. Report must be made of births to said officer within three days of their occurrence. The same regulations are to apply to children's homes. Advertisements to dispose of children as an inducement to enter laying in hospitals are ments to dispose of children as an inducement to enter laying in hospitals are forbidden. Violation of the law is punishable by a fine not exceeding \$100 or three months in fail. Emergency clause. House roll No. 28i, oy Clark, making it unlawful to solicit or accept a bribe. The penalties are fines of not more than \$500 or high two went out and drove 5 miles or not less than \$300 or imprisonment in the penitentiary not to exceed one year. House roll No. 110, by Junkin, the antitrust bill. This measure forbids restraint of trade. Persons found guilty of making contracts, combinations or conspiracies in costraint of trade shall be punished by ines not exceeding \$5,000, or by imprisonment not exceeding one year, or both, at the discretion of the court. The state may seize and condemn as forfeit any property owned under any such contract, combina-tion or conspiracy. After June 30, 1906, no corporation or joint stock company whose stockholders are not personally liable for their debts shall engage in business in the state unless, before September 15, 1906, and each year thereafter it files in the office of the attorney general a statement snow-ing the amount and value of the capital stock; this statement must be signed and sworn to by the president, the treasurer, the general manager and a majority of the directors. Before June 30, 1996, such corporations must also file in the office of the attorney general an undertaking signed by the chief officers that they will comply with the laws of the state in the management of the affairs of the com-pany. The attorney general may require

in cakes about one inch in thickness, and bake slowly for an hour. Turn when brown. If preferred, the baking may be finished in the oven after the first turning.

House roll No. 257, by Hill of Hitchcock, to provide an official seal for the office of the state board of irrigation.

Hominy Gems.—Beat one egg until very light, add to it one tablespoonful of thick sweet cream, a little salt, it desired, and two cupfuls of cooked hominy (fine). Thin the mixture with one cupful or less of boiling water one cupful or less of boiling water the one cupful or less of boiling water the one cupful or less of boiling water the one cupful for an hour. Turn when brown. If preferred, the baking follows for the office of the state board of irrigation.

House roll No. 257, by Hill of Hitchcock, to provide an official seal for the office of the state board of irrigation.

House roll No. 256, by Ryd of Gage, produce of the state board of irrigation.

House roll No. 256, by Hill of Hitchcock, to provide an official seal for the office of the state board of irrigation.

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House roll No. 256, by Hill of Hitchcock, to provide an official seal for the office of the state board of irrigation.

House roll No. 256, by Hill of Hitchcock, to make it unlawful for county boards or other officers authorized to grant licenses, to any person or persons to sell, barter or exchange or otherwise dispose of mat.

House roll No. 231, by Marks, a bill of the act in the employment of special council state of the act in the enforcement of the act in the enforcement of the state unlawful for county boards or other officers authorized to grant licenses, to any person or or person so to sell, barter or exchange or otherwise dispose of mat.

House roll No. 231, by Marks, a bill of the care in the enforcement of the state unlawful for county boards or other officers authorized to grant licenses.

House roll No. 231, by Marks, a bill of the c \$500; in counties having a population of from 30,000 to 50,000, \$300; in counties having a population of from 50,006 to 109,900 the sallary shall be \$1,800, and in counties having a population of 100,000 or more the salary shall be \$2,400 per annum. The compensation of the deputy assessors shall be \$1 per day for the time actually and

necessarily employed in the discharge of their duties. Emergency clause. House roll No. 244, by Copsey, forbid-ding the killing or injuring of English, China and Mongolian pheasants, English or Elegium proteins a English or Belgium partridges, English cocks or any imported game bird. Fines range from \$25 to \$50, or imprisonment House roll No. 260, by Foster, exempt-

ing from taxation capital stock, repre-senting tangible property, which is as-sessed in another state. Emergency clause. House roll No. 128, by Rouse, extending he hotel keepers' lien law to boarding louse and restaurant proprietors.

House roll No. 134, by Horton, requiring he listing of land in blocks for taxation. Sections or fractions thereof shall be listed in one tract when the land b to the same owner. Lots are to be listed in blocks in the same manner when the owner requests it. House roll No. 58, by McAllister, defining the powers of magistrates in breach of peace cases and providing that

the recognizance may be for a sum not less than \$50 nor more than \$1,000. House roll No. 228, by Burgess, the Lincoln charter bill. Seven councilmen are elected from the wards and seven at large. The storm sewer fund is enlarged large. The storm sewer fund is enlarged to \$11,000. Emergency clause. House roll No. 101, by Kaley, appropriating \$12,000 for the Lewis and Clark ex-position. Emergency clause.

House roll No. 222, by Clarke, giving justices of the peace, magistrates and ministerial officers the power to require a surety to make an affidavit to his

qualifications House roll No. 381, by Detrick, the deficiencies appropriation bill.

House roll No. 302, by Stetson, the miscellaneous claims bill.

House roll No. 347, by Wilson, the general appropriation bill allowing \$1,902,690 for sparral state. for general state expenses. Emergency

House roll No. 219, by Burgess, pro-viding for a warehouse lien and allowing goods to be sold for charges. Clarke.

"MY WIFE'S PEOPLE COMING."

"We have had a splendid winter" in

Western Canada. Canada's inrush this year is wonderfully great and considerably ahead of any previous year. It is always interesting to those who contemplate moving to read expressions of opinion from those living in the country. It is therefore our pleasure to reproduce the following, written to an Agent of the Government and forwarded to the Immigration Branch of the Department of the Interior at Ottawa:

Birch Hills, Sask., Canada, Feb. 1, '05. Dear Sir:-I take pleasure in dropping you a few lines to let you know how we are getting along up here and how we like the place. We have been here close on to a year now and think the place is fine. We have been out every day this winter working in the bush getting out logs for buildings, etc., getting rails for fencing. We have not suffered with the cold as much as we did in Chicago. My little boys are out every day with their sleighs having a good time. The lowest the temperature has been this winter is 34 below, and it is very still,

We had a splendid summer. We put up about 50 tons of hay and will have about 30 tons to sell. Hay brings \$8 per ton now and will be higher in the spring. We have 20 acres broke and ready for crop. We worked on the Can. Nor. Ry. for awhile this summer and am just 3 miles from the R. R. and town site. The steel is all laid to within 2 miles of the river and we often see the train bringing supplies for the Bridge.

My wife's people are coming up about May. I wish you would write them and if there should be any one coming to Prince Albert that could do with a half a car let them know. The homesteads are all taken up within 12 miles of us. I often think if this land were only in the States what a rush there would be. It is the richest land and most productive I ever saw, and the climate is O. K.

I know that people back there that write to do not believe me when I write them what a splendid winter we are having. They think we are all frozen up. We have only about 8 inches of snow, and there are cattle on the range that have not been rounded up this winter. Day after day the Ther. raises up to 50 and 60, and I don't believe we have had a day low, and there was not a whimper from any one of them; I'd hate to do it in old Chicago.

Well, I guess I will close, and you can tell any one in the U.S. that they cannot do better than come to the Prince Albert District. I remain. Yours truly.

Show mercy to the oppressed as ou hope to have it extended to you.

J. D. Head.

Many Children Are Slckly.

(Signed)

Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, Cure Feverishness, Headache, Stomach Troubles, Teething Disorders, Break up Colds and Destroy Worms. At all Druggists', 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Normal Death Without Pain.

Normal death, if the phrase be per mitted, is a painless occurrence, usually preceded by gradual loss of consciousness entailing no more suffering than going to sleep. It is not merely that the pain of death is triffing as compared with the physical pain of a scald-it is non-existent,-Dr. Saleeby, in the Academy.

## Deafness Cannot Be Cured

by local applications, as they cannot reach the disr. There is only one way to by constitutional remedies. ess is the result will give One Hundred Bellurs for any case of ness traited by catarrhi that cannot be cured it's Catarrh Cure. Send for clivillars free. by Helf's Cuturth Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O.

Take Hall's Family Pills for constipation.

Properties of Crystals.

Although minerals are not credited with principles of growth and living, vet they do possess most interesting structural, physical and chemical properties. If a crystal be broken or mutilated in any way whatever, it possesses the power of repairing its inuries during subsequent growth. This capacity for healing, as well as enlargement has been pointed out by many scientific authors, and is beyond the power possessed by plants.

Quality Brings the Business. Seven million (7,000,000) Lewis' "Single Binder" straight 5c cigar now sold annually. Made of extra quality tobacco. Many who formerly smoked 10c cigars are now smoking Lewis' Single Binder. Lewis' Factory, Peoria, III.

Treatment of Dog Bites.

Dog bites should, in every case, be first of all thoroughly cleansed in hot water, the bleeding being encouraged. Afterwards cauterize the raw surface with lunar caustic, or carbolic acid. Then dress the wound with carboized zinc ointment.

Important to Mothers. Examine carefully every bottle of CASTORIA. a safe and sure remedy for infants and children,

Signature of In Use For Over 30 Years, The Kind You Have Always Bought,

It takes some people a long time to find out that which is wrong on Sunday cannot be right on Monday.